

# Leitz Ergo Balance Board

Code: 65870089

Stay active and Feel good with the Leitz Ergo Balance Board. Improve your posture, help reduce back pain and boost your energy levels with the premium Leitz Ergo balance board. Designed for standing desks, this rocking board features a balanced 14° tilt that encourages natural micro-movements while you work. Regular use of this balance board can strengthen core muscles, improve balance and promote blood circulation. It has been tested and certified by the German Institute for Health and Ergonomics (IGR). It is ideal for long hours spent standing or sitting to reduce foot fatigue, improve posture and stay alert throughout the day. The anti-fatigue textured massage surface supports your joints and muscles, while the removable massage ball provides targeted relief for feet, wrists and shoulders. FSC-certified durable wood base with non-slip design to ensure safety. It can also be placed under your desk for a soothing rocking motion while you are seated, allowing your feet to stay active. Its minimalist style fits perfectly in your home, office or gym, and the integrated aluminium handle makes it easy to carry and store.

## Features

- The low-impact rocking motion keeps legs and core muscles moving to help improve posture and reduce back pain caused by prolonged periods of standing or sitting
- Perfectly balanced with a 14° tilt to create natural and effective micro-movements for an efficient workout of legs and feet
- The anti-fatigue textured massage surface can reduce pressure on joints and muscles and increase blood flow, helping to boost your energy levels and concentration
- Features a unique removable massage ball (50 mm) designed to provide deep, targeted relief to your feet, as well as tired wrists and shoulders
- Premium quality soft and durable foam surface for optimal grip suitable for shoes, socks or bare feet with a water-resistant surface that protects against splashes and can be cleaned effortlessly
- Tested and recommended by the German IGR Institute for health and ergonomics, in accordance with DIN 26800 EN ISO 15537
- Compact and lightweight, it features a solid integrated aluminium carrying handle, making it easy to transport and store or hang on a Leitz Ergo organiser (65490000) when not in use
- Made from a durable material, ideal for high-traffic areas. The non-slip FSC certified solid wood and scratch-resistant base protects floors and can support up to 200 kg
- Delivered fully assembled in plastic-free recyclable packaging, with a simple instruction manual

## Product Specifications

### Product Details

Material	Wood, Plastic (PVC, PP, PS), Aluminium
Colour	Black
% Recyclable material	100%
Installation	Delivered assembled

### Dimensions

Dimensions (mm)	540 x 65 x 310
Weight (kg)	2.95
Capacity (weight - kg)	200
Tilt angle	+/- 14°

### Packaging

<b>Style</b>	Paper, cardboard, reinforced cardboard
<b>% Recyclability</b>	100%
<b>Dimensions (mm)</b>	330 x 70 x 570
<b>Weight (kg)</b>	3.5
<b>Contents</b>	Balance board, massage ball, instruction manual

### Origin & Warranty

<b>Country of manufacture</b>	China
<b>Warranty</b>	2 years

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### Certifications

Tested and recommended by the German IGR Institute for Health and Ergonomics (IGR) in accordance with DIN 26800 EN ISO 15537. FSC® C106700 certified.



For more information on Leitz Ergo: [www.leitz.com](http://www.leitz.com)