

# Tao *Dynamic Sitting Ball*



Pump tip



Stability base



## Dynamic sitting ball Tao

Tao the dynamic sitting ball ball is a solution from the ErgoExpert brand.



The Tao ball offers an alternative and dynamic position, which is based on a simple concept: the mobility of the seat creates an instability that is compensated by the body. This then works the deep muscles of the back and abdominals, and thus allows you to adopt a very upright posture. The Tao ball has a customizable coating and comes with a pump.

Its base improves stability and provides safety to users.

*Recommended use for short and periodic sitting periods.*

## Technical Specifications

Diameter	65 cm
Weight	2,8 kg
Cover	Polyester and Steel
Waranty	2 years

## USP

- Tones back and abs
- Weighted base for added security
- Choice of customise cover



Recycling rate **10%**  
Recyclability rate **70%**